



Beautiful Space

Psychedelic assisted couples therapy

www.beautifulspace.uk

hello@beautifulspace.uk

The vision

A Wellness Clinic in Amsterdam specialising in psychedelic-assisted couples therapy, modern relationships and sexual wellness

Our mission is to **revolutionize couples therapy** and redefine the standard of care by combining the power of **psilocybin** and **MDMA** with novel methodological approaches to psychotherapy for **sustained and improved outcomes**.



The Telegraph

METRO

The
Guardian


THE TIMES

INSIDER

The problem

01 We are *lonely*

52% of Americans report feeling lonely while **47%** report their relationships with others are not meaningful.² Loneliness has been estimated to have a **worse impact on personal health than obesity**, and to be as bad as smoking 15 cigarettes a day.³

02 We have lost *intimacy*

One half to two thirds of marriages currently end in **divorce**.⁴ While experiencing relational and erotic intimacy has been shown to be a key predictor of success in relationships,⁵ more than **30% of couples** over 30 report being in a **sexless relationship**⁶ and lack of intimacy is the main reason why couples seek therapy.⁷

03 Current solutions *don't work*

Many couples **do not benefit** from traditional couple therapy or may not maintain gains over time^{7,8} with long-term divorce rates ranging from **25%⁸ to over 50%**. Years of costly treatment often rely on **surface level solutions**, not addressing root causes nor giving tools for **relationship maintenance** going forward.

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Beautiful Space combines the unique effects of psychedelics with our therapeutic program to transform relationships and sex .

Sexual and relationship transformation depends on individual, holistic health

Many problems in relationships and sexual life arise because of **past trauma** and development of **unhealthy attachment styles**. With our stressful everyday lives, we often forget to focus on the pleasure of the **present moment** and dedicate **intimate time** to our loved ones.¹ At the same time, we are often too self-focused, trapped inside **cycles of ruminative thinking** and unable to **effectively communicate** our needs.²

Psychedelics offer unique benefits for relationship and sexual satisfaction

Psychedelics can foster increased **feelings of connection** towards yourself and others,³ **decrease rumination**,⁴ and increase willingness to **let go** and **accept emotions**.⁴ Promising evidence also showed how these drugs might increase **awareness to the present moment**,⁵ openness to **try new things** and activities⁶ and promote **attachment security**.⁷

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2. Cacioppo S. (2017). Neuroimaging of Female Sexual Desire and Hypoactive Sexual Desire Disorder. Sexual medicine reviews, 5(4), 434–444.

3. Watts, R., et al. (2022). The Watts Connectedness Scale: a new scale for measuring a sense of connectedness to self, others, and world. Psychopharmacology, 239(11), 3461–3483.

4. Barba, T., et al. (2022). Effects of psilocybin versus escitalopram on rumination and thought suppression in depression. BJPsych open, 8(5), e163.

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What our clients are saying

"I cant speak highly enough of working with Sarah. She balances **professionalism and kindness** in equal measure, making you feel incredibly safe. Doing a psychedelic journey was a new experience for me, but I had **total confidence** in the process thanks to the rigorous preparation we did together and the support she offered afterwards. I can wholeheartedly recommend working with her"

Eleanore M, London

"The **wisdom and understanding** she applies are not easily won. She has a mastery of sorts at enabling and empowering others to reach deeper, which I experienced personally. She helped me discover and begin to heal **sources of discontent** in close relationships and unsettled emotions. She has real experience and skill at **positively impacting family dynamics.**"

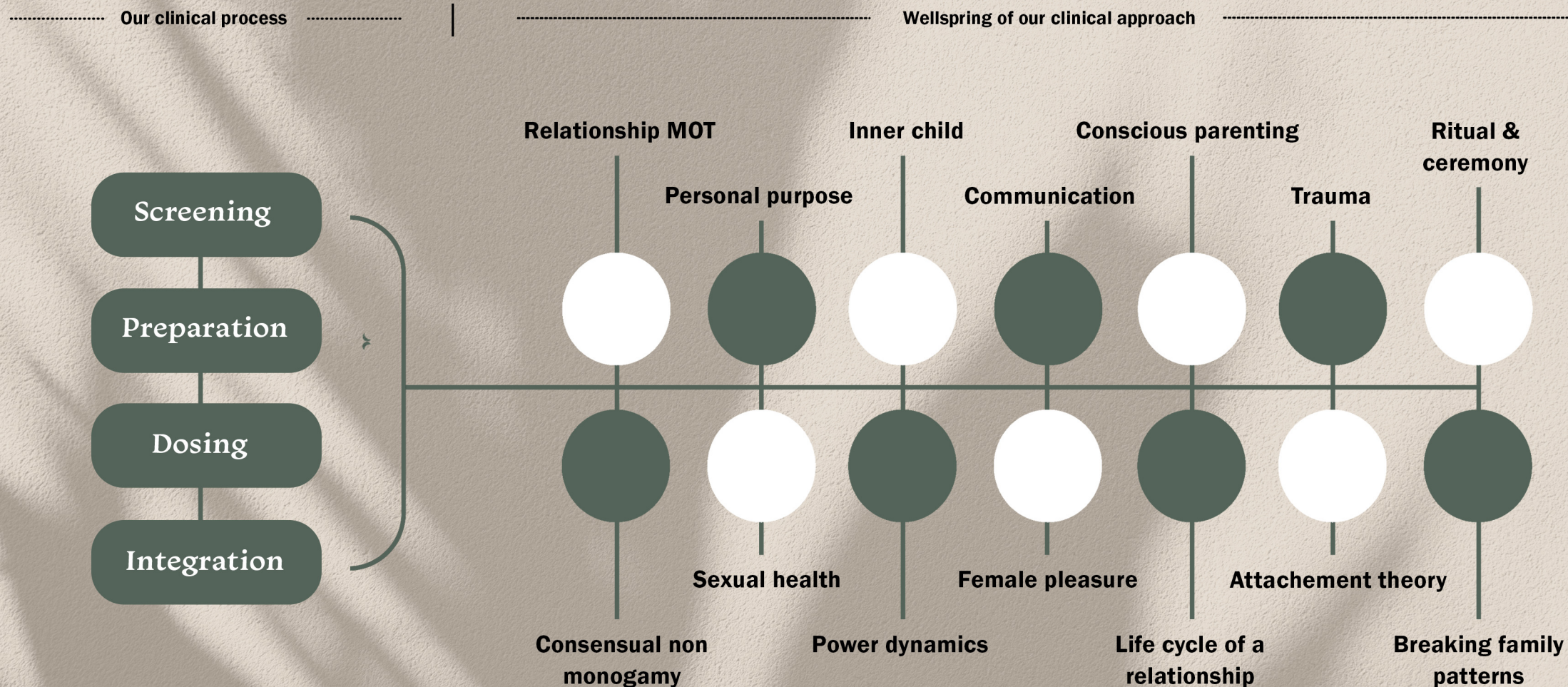
Dr V CM, London

"She saved our relationship. It's like an explosion happened, I didn't know this could **happen so quickly**. We are in a completely different place"

Tom and Sally, UK

Our methodology

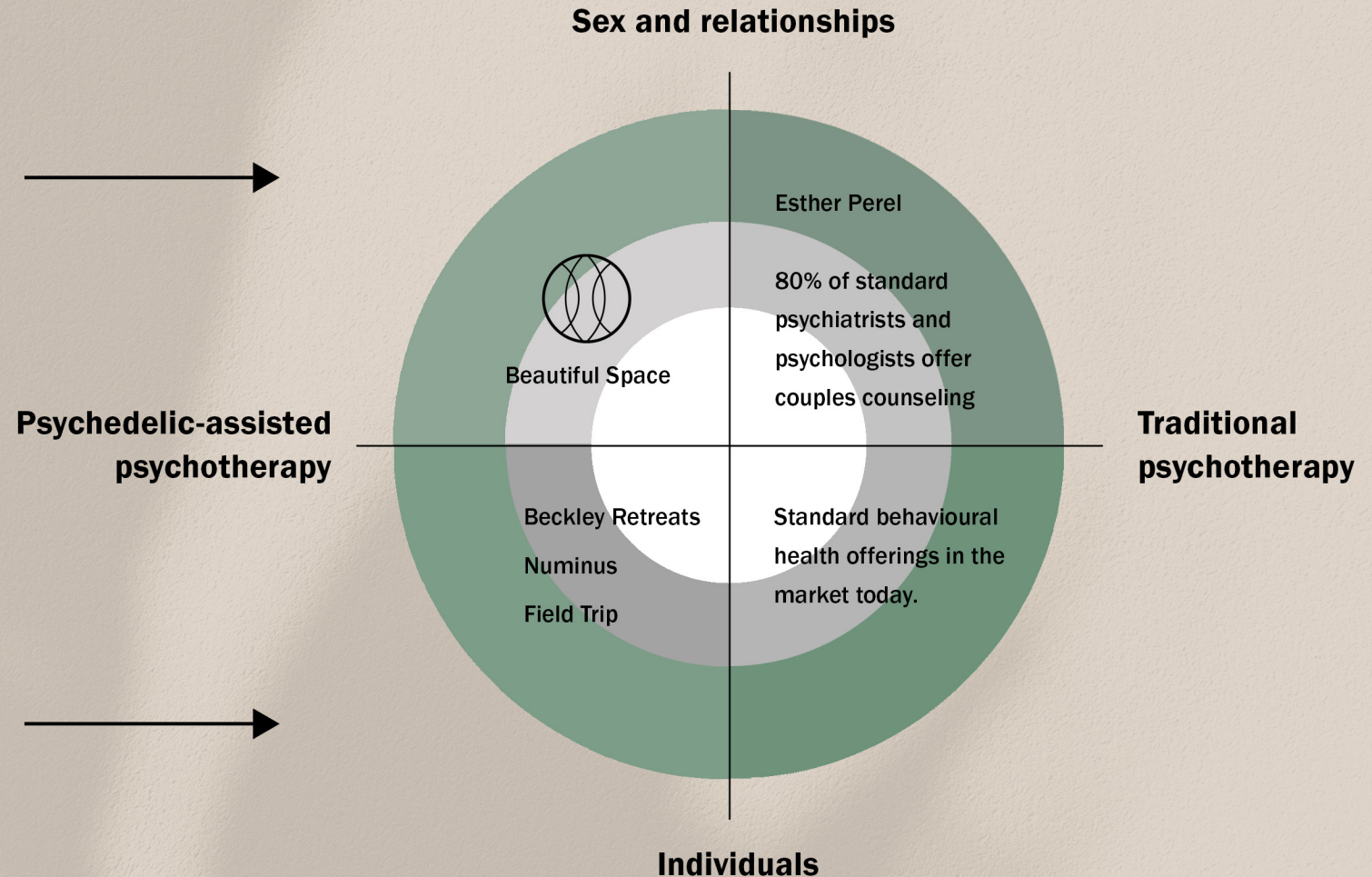
Our approach draws on 14 modules pulling from all psychotherapeutic traditions and disciplines



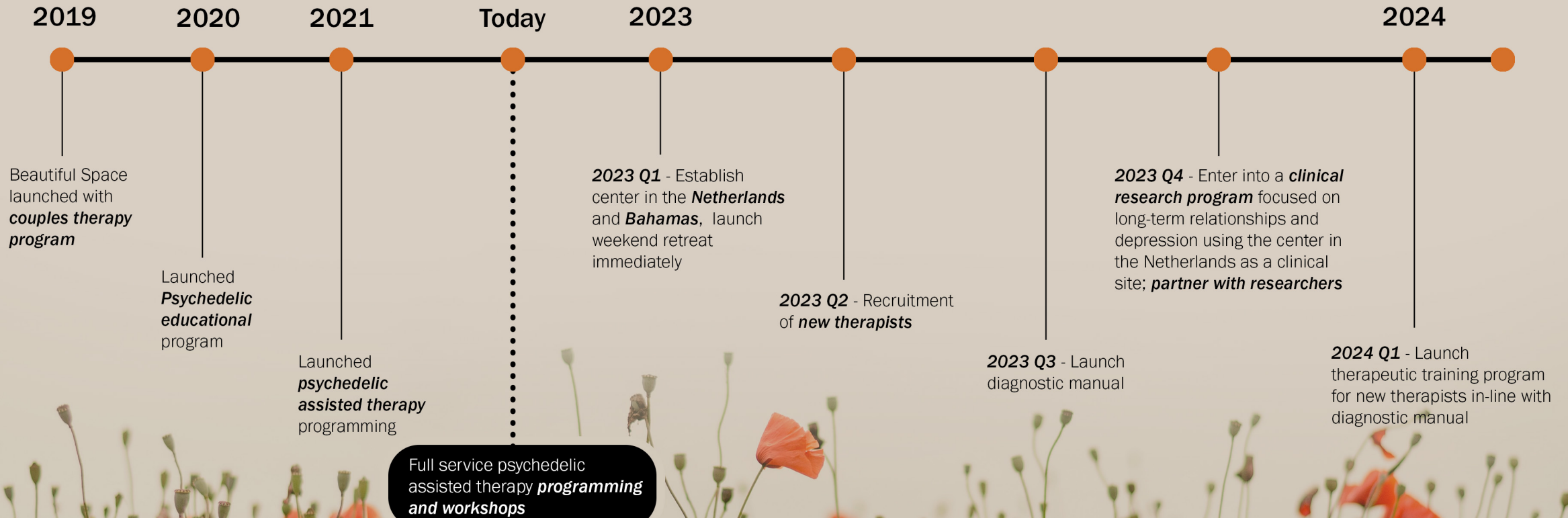
We are the first and only psychedelic-assisted sexual health offering in the world

Beautiful Space specializes in **true wellness**, focuses on **sex, intimacy and couples**, and is expanding services to **enable greater access**, beyond high cost retreats.

Other psychedelic-assisted wellness offerings in the space are **high cost, focused on individual healing**, and specialize in **treating illness**.



With considerable momentum already, Beautiful Space has the opportunity to be the global market leader



Beautiful Space sits at the intersection of 3 large and growing markets within the behavioural health space

Behavioral Health

\$187B

Global behavioural therapy market size by 2030

8.4%

Global behavioural market growth 2020-2025, vs. ~3% for broader mental health market

Couples Therapy

\$25B

Psychologists, Social Workers & Marriage Counselors market size in US

Sexual Wellness

\$35B

Global sexual wellness market size

Psychedelic Drugs

\$6B

Global psychedelic drugs market size by 2026

51%

of millennial couples have sought out couples therapy vs 19% across other demographics

84%

of psychologists seeing an increase in demand for services since the pandemic

41%

of behavioural therapists say they can't keep up with the increased demand

3%

Psychologist, social worker, and marriage counselor market CAGR

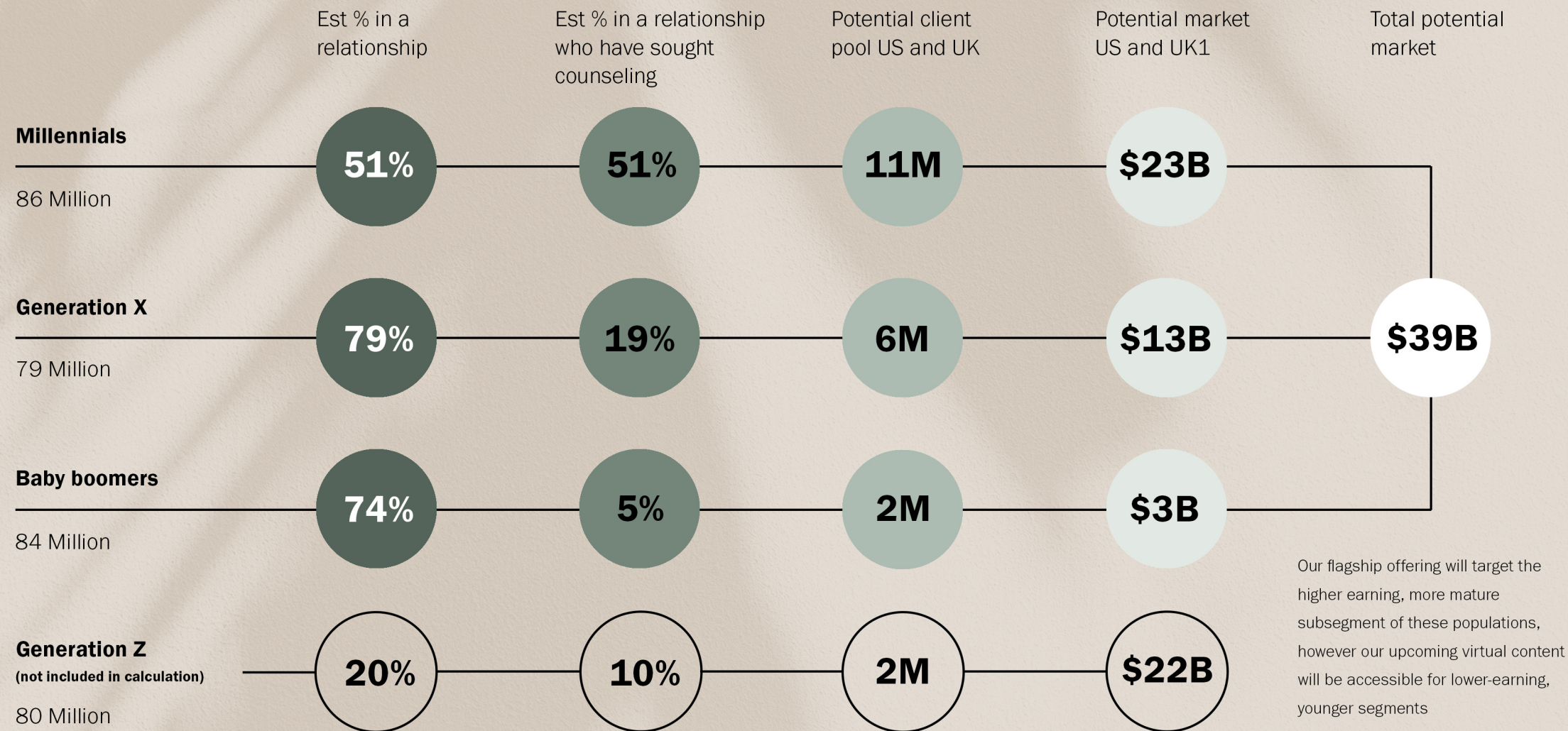
11%

Global sexual wellness market growth

15%

Global psychedelic market growth

Beautiful Space is a first mover in a huge, untapped market for couples therapy



1. Assumes an average of 14 one-hour sessions at an average cost of \$162 per session in the US and \$112 per session in the UK for a total average cost per couple of \$2275 in the US and \$1500 in the UK

Source: Statista, Team analysis

**Please send any inquiries to
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